

# List of inserts that meet our specifications

Note: We may receive a commission if you use the links below at no additional cost to you.

TALLMENSHOES

## Height Increase Half Elevator Insole 1/2 inch (2-Pack) - Men

★★★★★ 403 customer reviews

| 28 answered questions

Amazon's Choice for "shoe lifts for men 1/2 inch"

**SKID RESISTANCE**  
High quality material and skid resistance so it won't be moving around.

**REDUCE ACHILLES PRESSURE**  
Great for leg length discrepancy or scoliosis, can choose to use just one side. Can be tape down to sole if slip.

**HIGH QUALITY**  
Lightweight material that you won't know it is there.  
Skid resistance so it won't be moving around.

**ONE SIZE FITS FOR ALL**

**2 PACK**

[Click/Tap to view on Amazon](#)

ELEFT

## ELEFT Ultra Thin Height Increase Insoles 1 Pair 1cm 2cm 3cm up Color Blue Black

★★★★☆ 125 customer reviews | 29 answered questions

Amazon's Choice



[Click/Tap to view on Amazon](#)

There are a lot of other products out there.

They usually have one of a few issues:

1. The wear out too quickly (e.g. medical grade silicone inserts)
2. They slip around (e.g. heel cups and heel pads)

If you have an insert that slips try this:

1. If it came with a sticky bottom, remove all the lint and debris from it. It should stick again.
2. Lift the original insert in your shoe and place your slipping insert underneath it.
3. Sometimes the original insert in your shoe will be shaped in a way that pushes your extra insert out of place. If that is the case. Remove the original insert from the shoe and use one of the full length insert option above ([Eleft Ultrathin Insoles](#))